

General Membership Meeting Update

At the GMM on March 23, we passed a motion to endorse and send a contingent to this year's [May Day March](#) (Friday, May 1st) and to cover the cost of any time docked by your employer should there be any. Folks will start to gather at Confederation Park at 5 pm, and the march will start at 5:30 pm. If you'd like to attend, please fill out the [RSVP form](#). If you live outside Ottawa and want to attend a May Day event in your city, let me know, and we'll see how we can help.

Organizing for Power (O4P)

Organizing for Power (O4P) is offering a four-part [Power Up](#) course on May 5, 7, 19, and 21, “focusing on targets, escalation and structure tests,” with 12 PM and 8 PM sessions. If you'd like to attend, please let me know by April 16.

If you have ideas for education and/or political action, please reach out to me at vpunifor567@gmail.com

Membership Meeting Lunch Reimbursement

Members who attend at least 75% of Membership Meetings are eligible for a lunch reimbursement of up to 27\$ + tax & tip. Please email your receipt to unifor567.treasurer@gmail.com within two weeks of the meeting.

The Locals [Executive board](#) members:

President: Alex Aucoin (CUASA unit; unifor567pres@gmail.com).

Contact about: collective bargaining, union governance, general membership meetings, bylaw questions, and general inquiries.

Vice President: Codie Fortin Lalonde (CUPE Local 4600 unit; vpunifor567@gmail.com).

Contact about: Unifor education courses and other union education courses, political action, and collective bargaining.

Treasurer: Maria Dabboussy (CUPE Local 2424 unit; unifor567.treasurer@gmail.com).

Contact about: reimbursement requests, clothing/SWAG orders, dues payments, and other union finance matters.

Chief Steward: Nate Little (CFNU unit; unifor567steward@gmail.com).

Contact about: workplace concerns, complaints/grievances, workplace investigations, workplace accommodations, collective agreement questions, and steward duties.

Recording Secretary: Hanan Mankal (CUASA unit; unifor567recsec@gmail.com).

Contact about: minutes of board meetings and general membership meetings, general correspondence of the local, member contact information updating, and any correspondence the local may need to take action on.

Haylee Keyes of our CHC unit was also acclaimed as a Trustee. Our second Trustee position was acclaimed during the GMM on March 23, 2026. Welcome to Marlo Collier from CUPE Local 2424.

2026 Unifor Scholarship Application

The 2026 Unifor National Scholarship application period is now open. Please see the attached email for more information.

2026 Men's Mental Health Workshop

The Ontario Regional Council EFAP Committee is inviting members to the 2026 Men's Mental Health Workshop on Monday, June 22nd, 2026. This event will take place at the Unifor Ottawa Office.

Please find attached the invitation containing all important information and the registration link. We encourage all members to engage in the conversation to help break the stigma around Men's Mental Health.

Steward Elections

We wish to draw each unit's attention to article 13(b) of the bylaws, which states "Stewards shall be elected by each workplace following the annual meeting or within thirty (30) days of a vacancy in the office." Also, article 13(c) states "In accordance with Article 15(e) of the Constitution, Stewards shall serve terms of the same duration of Local Executive Officers."

As the Annual General Meeting was held on January 16, and elections were held for executive board positions, each unit must now hold steward elections. Please inform us of the results of your unit's steward elections as soon as possible.

2026 Orders for Unifor Clothing/Items

We are accepting orders for Unifor Local 567 branded clothing from [Cavan](#) and orders for clothing or other items from the [Unifor store](#).

You can email your [order form](#) for Cavan orders, or a receipt for reimbursement for [Unifor store](#) orders, to the local's Treasurer, [Maria Dabboussy](#). The board has set an order limit of \$105 per member for 2026.

Unifor Education

Unifor offers online courses that can be completed at your own pace. Topics include collective bargaining, grievance handling, workplace harassment, and more. To start a course, click [here](#).

Unifor also offers in-person courses at its [Family Education Centre in Port Elgin](#). Some units have [Paid Education Leave](#) (PEL) in their collective agreements and accumulated PEL funds can be used to cover the costs of course attendance. We can also support course attendance for members in units with insufficient PEL funds.

Unifor also offers [Area Schools](#) courses, which bring union education to communities across the country.

Course schedules for the Family Education Centre, Area Schools, and online courses are available on the [Unifor website](#). Please contact the local's Vice President, [Codie Fortin Lalonde](#), if you are interested in a course.

There are also several educational resources available on the [Member Resources](#) page of our website, which we encourage you to review.

Staying Connected with Unifor

You can stay connected with Unifor by subscribing to its various newsletters to receive regular updates on the union's events and work. You can subscribe by clicking [here](#) and filling out the form.

You can also follow Unifor on [X](#), [Facebook](#), and [Instagram](#).

Bargaining Updates

- A tentative agreement has been reached with the CCPA. Details on the outcome of bargaining will be reported after the new agreement is ratified.
- A tentative agreement is being worked on with Ecology Ottawa. Details on the outcome of bargaining will be reported after the new agreement is ratified.
- The local is preparing bargaining for the following units: the Council of Canadians, CUPE Local 4600, and Canadian Health Coalition.

To learn more about the collective bargaining process, click [here](#).

To learn more about the resolution of workplace issues through the grievance procedure, click [here](#).

It is important to regularly review your collective agreement and report workplace concerns as soon as possible to your [unit's steward\(s\)](#). If your unit does not have a steward, please contact the local's Chief Steward, [Nate Little](#). Failure to report a concern could undermine the union's ability to address the concern due to the union being unable to advise you or intervene at critical times, or due to deadlines being missed.